

# DATE:

MONDAY, JULY 3

# TIME:

7:00 PM *SHARP!*

# LOCATION:

RIVERSIDE PARK

DOWN TOWN PITTSVILLE

# COURSE:

*Out and back – fast!*

Aid Stations and splits given.

ALSO, complimentary refreshments for runners and walkers at finish. Showers available at high school from 5-9:00pm.

*Race will be chip timed. Come early to pick up number and chip.*

# AWARDS:

TOP 3 finishers in each age group; men and women.

**John Moen Memorial** award is given in special recognition of a participant age 70 or over.

The Heart & Sole Road Race is a Pittsville Volunteer Fire Department fundraiser for equipment and several community projects, including two college scholarships.

This non-profit organization provides fire and emergency medical services to the City of Pittsville and a large portion of Wood County.

*Thank you for participating in this community event.*

[www.pittsvillefiredepartment.com](http://www.pittsvillefiredepartment.com)

## Celebrate July 4<sup>th</sup> in Pittsville:

- Parade at Noon
- Carnival and Rides
- Food
- Entertainment
- Ball Games
- Fireworks at Dusk



**NEED MORE INFO? CALL:**  
N CASEY JOHN 715-884-6584  
715-884-6461

Register online: [GetMeRegistered.com](http://GetMeRegistered.com)

Print form: [pittsvillefiredepartment.com](http://pittsvillefiredepartment.com)

## 31<sup>ST</sup> ANNUAL PITTSVILLE VOLUNTEER FIRE DEPT & EMS



## Heart & Sole Road Race

*2 Mile & 5 Mile  
RUN / WALK*

**Monday  
July 3, 2017  
7:00pm**

*Riverside Park  
Pittsville WI*

M  F

FIRST NAME

LAST NAME

AGE as of July 3

Date Of Birth

Gender





ADDRESS

CITY

STATE

ZIP

I, (sign here)

\_\_\_\_\_ being over 18

years of age, or as parent or guardian of listed participant, do hereby absolve and hold harmless the Heart & Sole Road Race, officials, the Pittsville Fire Department, and the City of Pittsville from any liability incurred by me while participating in the Pittsville Heart & Sole Road Race. I further provide that this hold harmless agreement applies to my heirs, executors, and assignees, and that I am in good condition for a warm weather race.

Select One

Entry Fee Enclosed:

\$ 10.00 NO T-SHIRT

\$18.00 with T-SHIRT size S M L X

Select One

RACE:

2 mile

5 mile

Mail **SIGNED** form with your check to arrive by July 1: Pittsville Heart & Sole, 8243 Jackson St, Pittsville WI 54466

2 Mile Course Records:

Men: 1995 Arnie Schraeder 9:10  
 Women: 2006 Brenda Schrank 11:24

5 Mile Course Records:

Men: 1988 Arnie Schraeder 23:30  
 Women: 1996 Suzy Stanley 30:05

# REGISTER

Online:  
 GetMeRegistered.com

**In Advance:** By mail or deliver to  
 Pittsville Family Dental:  
 ~ MUST BE RECEIVED BY NOON JULY 1 ~

\$ 10.00 without T-SHIRT  
 \$18.00 with T-SHIRT

**On Race Day:**  
 ~ 5:30 - 6:45 PM ON THE GROUNDS ~

\$15.00 without T-SHIRT  
 \$25.00 with T-SHIRT  
 (if available, limited supply)

Print more entry forms:  
[www.pittsvillefiredepartment.com](http://www.pittsvillefiredepartment.com)

# AGE GROUPS

## 2 mile and 5 mile

- 13 and under
- 14-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60-69
- 70+

Runners, walkers, wheelchairs, and strollers welcome. Moderate/slow strollers start toward back please.



Please, NO dogs, bikes, or skates.

Special Feature  
**KIDS QUARTER MILE**

6:15 pm

This short event takes place before the main race. Just show up and run!

- All KIDS age ten and under
- Free, no registration needed
- Awards for all finishers
- Parents may assist toddlers
- FREE, come early!